

Friday, August 30, 2024

Lunch Today: Spaghetti, breadstick, green beans, banana, milk

Breakfast Tomorrow:

- Any junior who would like to take the PSAT test at FHS on October 9th must sign up with Mrs. Facio by Friday, August 30th and turn the \$18 exam fee into the office. Juniors, you may want to consider taking the PSAT to practice and prepare for the ACT this Spring or to try and qualify for a National Merit Scholarship. If you have questions, please contact Mrs. Facio.
- Good luck to Steamer Golf as they play at Riverdale today. Please release the golfers at 11:00. Good luck to Steamer Football as they take on Forrester at home tonight at 7pm.
- There will be a Thespians meeting on Tuesday, September 3rd at 7:15 p.m. in the Old Gym. Everyone is welcome, come find out how you can get involved in theater here at FHS. If you have any questions, please let Ms. Droegmiller know.
- Sophomore class officers are meeting today during 5th in Mrs. Mussman's room. Freshman class officers will meet on Wednesday Sept 4th in Mrs. Coits room during 5th hour.
- On Friday September 27th, the YWCA of the Sauk Valley will be hosting their annual Girls Summit. This year's theme is "The Empowerment Era." Girls from schools across the Sauk Valley will gather at the YWCA in Sterling for a day of presentations, art, bonding and fun! Topics such as embracing your identity, self expression, and understanding and coping with anxiety will be covered. Mrs. Rausenberger can take up to 10 students this year, and registration is first come first serve. Please sign up in Student Services or stop by for more information!
- Homecoming Shirts Reminders!!! We are 1 week away from the order DEADLINE... Don't miss out.
- Sauk Impact volunteer opportunities. Middle school volleyball concessions, please contact Mr. Henrekin if you are interested
 - Sept. 10, 2024 RBMS Concession Volleyball 3 hours
 - Sept. 19, 2024 RBMS Concession Volleyball 3 hours
 - Sept. 24, 2024 RBMS Concession Volleyball 3 hours